



CERN Women's Club Newsletter

37th Year, No.2
Feb 2011 - May 2011

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Coming up soon...



**Deadline for submission
of articles for the
June-July Issue is :
May 2nd 2011**

CERN Women's Club

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Attention all Members

After many years of service, several of the members on the current CWC Committee are stepping down and will not be seeking reelection. This means that there will be a need for up to seven new Committee members to fill the vacant positions on the board.

We urge all *cernoises* to consider taking a more active role in the club by volunteering for a Committee position. It is a condition in our statutes that we have a fully-staffed Committee.

If we do not meet this requirement then the Club must be disbanded at the AGM in May.

If you enjoy the benefits of CWC membership please think about how you can help to the club. The Committee meets nine times a year. There is a small honorarium paid to cover any expenses you may incur. For more details, contact any member of the Committee.

A Word from the President

As you already know, I will not be presenting myself again as a nominee for re-election as President in May. If you are interested in this position or any other within the committee, do not hesitate to contact us.

A big thank you to all who organised the Christmas Sale and especially to those who set-up the stalls and cleared up after the sale, as well as those who were in charge of the individual stalls.

Thanks to the profits from this sale we will present a cheque to *Solidarité Femmes* of Genève during the Coffee Morning on Tuesday 8th February to support their charity work.

I hope to have the pleasure of seeing many of you during our various future activities and send you my best wishes for happiness and good health in 2011.

Maria Dewin

Notice for Course Organisers

During its meeting held on 17.1.2011, the CWC committee decided to bring to your attention certain rules of the CERN Women's Club, concerning the number of participants in the courses we organise.

1. Indoor sports: the maximum number of **15 participants** must not be exceeded.
2. Language courses: class size is limited to **12 participants**.
3. A minimum number of **6 inscriptions** is required for a course to be held.
4. In any given course, the proportion of associate members participating cannot exceed **50% of the total** number of participants.
5. For outdoor sports groups (cross-country skiing and walking), a given person may be invited once or twice in the year to join in the group's activities. For a more frequent participation the person must become a member of the CWC.

For the CWC committee,

Maria Dewin

Venue Change

The **Newcomer Welcome Center** has temporarily changed its meeting place. From now until June they will meet at **Restaurant No. 2** in the coffee area.

They meet the 1st or 3rd Tuesdays of each month. See their website for more details.



Starting from the first of March 2011 every Tuesday morning a **Nordic Walking Group** in the Pays de Gex countryside will be organized. Meeting time to be decided.

If you wish to join us send an email to: mara.martini.ceccucci@gmail.com or vegh.marta@free.fr.



Positions Vacant

Newsletter Coordinator

The CWC Bulletin is recruiting an editor for the 3 issues produced each club year (October, February and June).

Responsibilities

The coordinator is responsible for soliciting, writing and editing articles; coordinating with the team of translators and proofreaders and sending the completed issues to the Printer and Webmistress.

The editor is a co-opted member of the CWC Committee and needs to attend Committee meetings in order to report any decisions to the readership.

Requirements

The applicant should be of French or English mother tongue and should have a working knowledge of the other language. The issues are produced using Microsoft Publisher and Adobe Photoshop.

If you are interested in volunteering for this position, please contact Deirdre Moore cwcbulletin@gmail.com or any member of the Committee.

AGM

Tuesday 17th May 2011 at 09:30
Our Annual General Meeting will be held in
Building 504, Coffee Morning room

The AGM is an important event:
We encourage every member to attend.

Would you like to participate in the running of the Club?

If you would like to stand as a candidate for next year's committee, contact the President, Maria Dewin, on (022 757 1460) or at maria.dewin@bluemail.ch or any Committee member.

Greetings from SOS Enfants des Rues du Vietnam

Our treasurer, **Ivana Rosinska**, received on our behalf a beautiful hand-made Christmas card from SOS Enfants des Rues du Vietnam which reads:



The Committee of SOS Enfants des Rues du Vietnam thank you most warmly for your support in the realization of our projects.

We wish you all a Happy New Year.

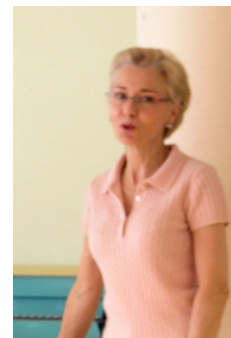
The proceeds from our Christmas Sale 2009 and Spring Jumble Sale 2010 have contributed to the costs of building a community clinic with a medicinal herb garden in the village of Tu Bông.

Coffee Morning Recap



September

Members listen as **Catherine Blanc** (right), President of ESCA, speaks about how one can talk to those affected by cancer.



October

A representative from **Solidarité Femme** gave a talk on the impact of domestic violence and the work the organisation does to help families that are affected by it.



January

Tirer la Reine!

Coffee Mornings...

are held in the club rooms, Building 504, 1st floor
from 09:00 to 11:00 (Restaurant No. 2)



We will present a cheque for the proceeds of our Christmas Sale to **Solidarité Femmes** to help them in the important work they do.

We will also have a francophone coffee.



Coffee morning with an Irish Theme. Come and try some Irish delicacies.

Wearing green is encouraged!



Coffee morning and Spring Jumble Sale.
See page 10 for more details

Annual General Meeting at **09:30am**
and afterwards our end-of-year drink



There will be no coffee morning. It is replaced by a Club lunch on the 7th June.

Christmas Sale - November 25 2010



We are delighted to report that the CWC's Christmas Sale raised **5,350CHF** for the association **Solidarité Femmes** to aid them in the work they do to help families affected by domestic violence.



We thank all our members who:

- * Helped to organize the sale
- * Helped to set up beforehand and clean up afterwards
- * Made or donated items for sale
- * Manned (womanned!) the stalls
- * Came to buy and support the sale



Our next fundraising event is the Spring Jumble Sale which will be held on April 5th. See page 10 for more details.

Spotlight on the....

Oil Painting & Plastic Arts Class

Friday mornings are a busy time at the CWC. We have a meeting of the Toddler Group; Sindy Duplay's French conversation classes meet in the mezzanine; Intermediate and advanced Spanish classes are taught by Alicia Bravo Garrote in the language room; there is Keep Fit Gymnastics with the instructor Vanina Gilomen in the gym; and the Oil Painting and Plastic Arts class, taught by Maria Luisa Godoy in the main club room.



The *cermoises* who attend this last class are no doubt the most identifiable. They come from the parking lot laden with their paraphernalia: carrying canvasses, easels, shopping bags, trolleys and even suitcases on wheels containing their painting materials. Clearly this takes dedication (and a certain amount of muscle!). Even on days with heavy snowfall a large proportion of students brave the conditions and faithfully attend. What makes these women so committed to the class and this activity?

According to student **Marie-Christiane Bouzod**, the benefits extend beyond the educational element of the class:



“This is like a kind of therapy, not only in the form of artistic expression, but also between us – the communication and support we get from our friends in the class.”

Martha Percival, another longtime attendee, agrees with the therapeutic aspect, “Being here, working together...it renews our spirit and refreshes our outlook”.

The class is open to all skill levels and each student works at her own pace and from her own stage of artistic expertise. The teacher, **Maria Luisa Godoy**, works individually with each student as the need arises, offering practical help and instruction.



Even experienced painters can benefit, as **Marie-France Baglin** explains:

“I joined this class because I wanted to develop a more modern style. I had been painting for years, but my style was always very representational - I felt it was time to try something abstract.”





According to Maria Luisa:

“The most important thing in this group is that it enables one to allocate time to being creative and artistic. One must work to enter another dimension; that is the dimension where one can find creativity and the means to express it. This is something that comes not only from the world around us, but also from deep inside us.

Our modern lives are very busy, these days one is pushed and pulled in all directions. It is important to find the time...to figuratively “get away” - to go to a place where one can explore feelings and ideas. It’s only 3 hours and in fact it passes very quickly but it gives the students time to think, to prepare; for their ideas to ferment and come to fruition...We thank the CERN Women’s Club for this opportunity.”

So - are you encouraged to discover your “inner da Vinci”? Then come and enjoy a creative interlude in the warm and friendly atmosphere of the Oil Painting and Plastic Arts class.

The Oil Painting and Plastic Arts class meets every Friday morning from 9am to noon in Room E-005.



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A native of Spain, Maria Luisa received her training in Madrid where she studied design and painting. She moved to France in 1980, and settled in the Pays de Gex in 1983. She has been teaching art since 1992 and began the CWC class in 2002. In addition to teaching, she also exhibits her art regularly in the area.

Like many artists, she is socially conscious and her vision and themes resonate with the responsibility of the artist:

“In my view, the artist has a role in the world, by his creation, through his work; he is a witness to society. To denounce every attack on human dignity, on the rights of mankind, to rebel against the problems of our time, that ...shows that the artist has a part - through reflection and communication - in making a better world.”

She recently exhibited a series of paintings around the theme “Ecocide”, in which she explores the environmental damage affecting our planet. Beautiful and vibrant, these paintings strongly project the fragility and transience of the natural world. Details from “Ecocide II” and “Ecocide III” are reproduced below.



SPRING JUMBLE SALE

Thursday, April 5th, 2011

from 9am to 2pm

Building 504, Ground floor

To benefit the charity **Solidarité Femmes**

A bric-a-brac and second-hand book sale will take place in Building 504, Ground floor (entrance to Restaurant No. 2 - DSR) and on the 1st floor in the Club Rooms.

We are looking for donations of quality items which have been treated with care:

- * Books in any language
- * Bric-a-brac
- * Toys & games
- * Linen
- * Jewellery
- * Artwork
- * Unwanted Christmas gifts



Items can be brought to the coffee mornings on February 8th, March 1st or donated on the day of the sale.

We would also appreciate any baked goods to sell at the coffee stand.

We are looking for volunteers to help organize and run the sale.

For more details, or if you would like a donation collected:

call Deirdre Moore (33) 0456 82 9147 or email cwcbulletin@gmail.com.

We count on your support, both in contributions and on the day

FOLLOW THE CANCER AWARENESS TRAIL: AN ESCA ADVENTURE

A vineyard budding, a forest awakening, birds nesting: bring the family, experience spring-time and learn about **ESCA** (English Speaking Cancer Association) by participating in its

Cancer Awareness Trail

on Sunday, May 1, 2011 - beginning at 10h
at Webster University / Bellevue, Geneva.

Each of six guided walks—three for adults, three for children—takes about an hour and a half and will be led by professionals who are knowledgeable about the area's flora and fauna. The last walks of the day will begin at 14h and end by 16h.

Along the way adult walkers will encounter questions about cancer, nutrition, exercise and botany in a quiz designed to encourage discussion as much as to give information. Those who would prefer an unguided walk can follow a marked independent trail.

In addition to following nature trails, ESCA is looking into offering instruction in Nordic Walking, including practice of the technique on a path, under the supervision of a physiotherapist trained in the field. Those looking for this more vigorous experience should bring their own sticks.

In specially designed walks, children, who will be divided according to age, will be introduced to entomology as they seek out insects to study in their natural habitats. Each one will receive a relevant book, covered by the registration fee.

While some participants follow trails outside the University, others can go indoors to experience various complementary therapies, such as foot reflexology and Indian head massage. A sample gymnastics class will be available or visitors can explore areas from nutrition to "Look Good, Feel Good" at information stands.

A light lunch will be available at a nominal fee from 13h to 14h, or participants can bring their own meals. Drinks will be available all day.

Because places will be limited, advance reservations are recommended on: info@cancersupport.ch. The registration fee is 10 CHF.

Good tennis shoes and emergency rain gear are recommended attire since no event will be cancelled because of weather. In order to preserve the peace of the animal habitats along the trail, no pets can be allowed.



ESCA is a non-profit group of volunteers and professionals whose aim is to have a positive impact on the lives of those affected by cancer by providing emotional support, practical help and information in English to patients and their carers in the Geneva, Vaud and French border areas.

For further information:

www.cancersupport.ch

or call Drop In Centre (Tue & Thu 10am – 2pm):

+41 (0) 22 791 63 05

HELPLINE +41 (0) 79 531 55 11

The Library in English

3 rue de Monthoux, 1201 Geneva

(Opposite the Grand Hotel Kempinski, the former Hilton Hotel)

Spring Book Sale

Friday 6 May 10:00–19:00

Saturday 7 May 10:00–17:00



- * For children and adults
- * Thousands of second-hand books in English, classified by subject, including collectors' items and first editions
- * Games and videos
- * Refreshments and home-baked goods in the Tea Room

Children's Story Hour

Wednesdays 15:00 to 16:00. For children aged 3 to 7 years

Every week during the school calendar year the Library in English holds a story hour on Wednesdays. You don't need to be a member of the library to bring your children along.

With over 3000 titles in the children's section of the Library, this is a great place for your children to discover new books.

Free and open to the public.



Join The Library in English

Borrow books all year round for a subscription fee equivalent to six paperbacks at the Payot!

The library has over 12,000 titles including :

- * a large selection of new English and American bestsellers,
- * a substantial assortment of quality books for children
 - * and an excellent collection of audio books!

**For more information, call 022 732 80 97
or e-mail: library@thelibrary.ch**

Running out of book shelf space?

We welcome donations of English adult books and children's books in English and French throughout the year. Donations can be left at the Library any time during opening hours.